



# OAASIS INFORMATION SHEET

## Miscellany ... including

Advocacy, Autism Awareness, Benefits, Bereavement, Communication Aids, Computer Paraphernalia, Diet, Disabled Student Allowance, Equipment, Financial Planning, Funding, Harnesses, Insurance, Therapy, Toys, Transition, Trouble with the Law

Office for  
Advice  
Assistance  
Support  
and  
Information  
on  
Special needs

Helpline:  
0800 902 0732

[www.oaasis.co.uk](http://www.oaasis.co.uk)

The Croft  
Southlands School  
Vicar's Hill  
Boldre  
Lymington  
Hants  
SO41 5QB

OAASIS  
A part of  
Cambian Education  
Services



### ADVOCACY

#### **Action for Advocacy**

They have a resource on their website (called Find an Advocate) where you can search for an advocacy scheme in your local area.

Web: [www.actionforadvocacy.org.uk](http://www.actionforadvocacy.org.uk)

Tel: 020 7820 7868

#### **Mr Barry Clark**

An advocate for parents of children with special needs who advises on education and legal issues and is a counsellor for the National Autistic Society.

Email: [clarkandcompany@hotmail.com](mailto:clarkandcompany@hotmail.com)

Tel: 01980 661338

**Speakup Self** – Advocacy, Durlston House, 5 Moorgate Road, Rotherham. S60 2EN

Tel: 01709 724062

Web: [www.speakup.org.uk](http://www.speakup.org.uk)

### AUTISM AWARENESS

#### **Public Autism Awareness**

The Autism Awareness Retail Pack is written and organised by The Paains Autism Forum and is aimed at retailers/leisure companies to raise their awareness of autism and related conditions. It is only takes 5 minutes to read this pack.

Web: [www.paains.org.uk](http://www.paains.org.uk)

### BENEFITS

#### **Benefits and Work**

Web: [www.benefitsandwork.co.uk](http://www.benefitsandwork.co.uk)

Tel: 01297 442549

They produce downloadable guides to Disability Living Allowance (DLA), Incapacity Benefit & Employment & Support Allowance for parents, professionals, advice workers and claimants themselves.

Also look at this section of the DirectGov website for a guide to financial support for carers:

<http://www.direct.gov.uk/en/MoneyTaxAndBenefits/BenefitsTaxCreditsAndOtherSupport/Caringforsomeone/index.htm>

#### **Citizens Advice Bureau**

They have information on all benefits at:

[http://www.adviceguide.org.uk/index/life/benefits/benefits\\_for\\_people\\_who\\_are\\_sick\\_or\\_disabled.htm](http://www.adviceguide.org.uk/index/life/benefits/benefits_for_people_who_are_sick_or_disabled.htm)

#### **Contact a family**

Tel Helpline: 0808 808 3555

Downloadable booklets on all the benefits and tax credits that families of children with special needs may be entitled to: <http://www.cafamily.org.uk/families/rightsandentitlements/benefitstaxcredits/index.html>

#### **The National Autistic Society**

Information on all the benefits that carers may be entitled to and they also have a Welfare Rights Service and a Community Care Service.

Web: <http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=1560&a=15409>

**Disabled Person's Parking Badge** In some cases you can apply for the Blue Badge Scheme if your child has an autistic spectrum disorder or other disability and you claim the higher rate mobility allowance.

Web: [http://www.direct.gov.uk/en/DisabledPeople/MotoringAndTransport/Bluebadgescheme/DG\\_181208](http://www.direct.gov.uk/en/DisabledPeople/MotoringAndTransport/Bluebadgescheme/DG_181208)

For information for parents of autistic children look on the NAS website at:

<http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=1560&a=3237>.

#### **Direct Payments**

These are cash payments made in lieu of social service provisions, to individuals or carers who have been assessed as needing services. They can be made to disabled people over 16, people with parental responsibility for disabled children and to carers. The aim is to give more flexibility in how services are provided and to give greater choice and control to those concerned.

Web: <http://www.dh.gov.uk/en/SocialCare/Socialcarereform/Personalisation/Directpayments/index.htm>

### BEREAVEMENT

**Books Beyond Words** produce a number of helpful, illustrated publications for people with learning disabilities who are coping with bereavement. *When Somebody Dies* is suitable for adults and *When Dad Died* and *When Mum Died* are suitable for children, young people and adults. Books are priced at £10 and can be obtained from Web: [www.rcpsych.ac.uk/publications/booksbeyondwords.aspx](http://www.rcpsych.ac.uk/publications/booksbeyondwords.aspx)

**The Child Bereavement Trust**Email: [enquiries@childbereavement.org.uk](mailto:enquiries@childbereavement.org.uk)**Tel: 01494 446648**Web: [www.childbereavement.org.uk](http://www.childbereavement.org.uk)

Offers advice to families who have lost a child or parent, their doctors, nurses and other professionals. They also have information on helping children with special needs come to terms with their grief.

**The Compassionate Friends**Web: [www.tcf.org.uk](http://www.tcf.org.uk)**Helpline: 0845 123 2304**

A charitable organisation of bereaved parents, siblings and grandparents dedicated to the support and care of other bereaved parents, siblings and grandparents who have suffered the death of a child/children. Email: [info@tcf.org.uk](mailto:info@tcf.org.uk)

**Cruse Bereavement Care****Helpline: 0844 477 9400 Young Person's Helpline: 0808 808 1677**Email: [helpline@cruse.org.uk](mailto:helpline@cruse.org.uk)Web: [www.cruse.org.uk](http://www.cruse.org.uk)

Provides counselling and support to enable anyone bereaved understand their grief and cope with their loss.

**Winston's Wish**Web: [www.winstonswish.org.uk](http://www.winstonswish.org.uk)**Helpline: 08452 03 04 05**

Helps bereaved children and young people rebuild their lives after the death of a parent or sibling. They offer practical help and guidance for families and professionals (assistance provided before, during and after the bereavement). Email: [info@winstonswish.org.uk](mailto:info@winstonswish.org.uk)

**COMMUNICATION AIDS****Autism – Out & About**Website: [www.autism-out-about.co.uk](http://www.autism-out-about.co.uk)**Tel: 07946 569900**

They produce unique laminated velcroed symbols to help children cope and prepare for different situations in daily life. They come in various sets: travel, social skills, food, school etc. also key fobs, folders etc.

**Dynavox Systems**Web: [www.dynavox.co.uk](http://www.dynavox.co.uk)**Tel: 01384 446789**

They produce various easy to use hand held communication devices with digitised speech, templates, display screens, customised pages etc.

**The Makaton Charity**Web: [www.makaton.org](http://www.makaton.org)**Tel: 01276 61390**

Makaton is an interactive signing, to assist the development of spoken language and communication of intentions. The charity provides information, advice and training on using Makaton.

**Pyramid Education Consultants**Web: [www.pecs.org.uk](http://www.pecs.org.uk)**Tel: 01273 609555**

Pyramid is the source for PECS, the Picture Exchange Communication System; an alternative/augmentative communication system that teaches students to initiate spontaneous communication in a social context from the outset. They provide training workshops on PECS and various consultancy services.

**PRI Liberator**Web: [www.pri-liberator.com](http://www.pri-liberator.com)**Tel: 0845 226 1144**

They produce a range of communication aids with synthesized speech; varying numbers of icons on view depending on individual ability; keyboard or touch screen etc.

**Signalong**Web: [www.signalong.org.uk/index](http://www.signalong.org.uk/index)**Tel: 0845 4508422**

A registered charity providing communication resources to children and adults with severe learning difficulties/autism. It is based on British Sign Language with a wide-ranging vocabulary, is easily accessible, adaptable, relevant. They have over 300 tutors.

**Talking Dice**Web: [www.talkingdice.co.uk](http://www.talkingdice.co.uk)

Provide big, colourful, printed dice to help get children talking, including dice for pets, weather, hobbies, body parts etc.

TEACCH is the most widely used approach in the UK. It's designed to help children with autism be as independent as possible and provides children with strategies for coping and understanding. See details at [www.autismuk.com](http://www.autismuk.com) and there is an introduction to TEACCH on the NAS website at [www.autism.org.uk](http://www.autism.org.uk).

**Widgit Software Ltd.**Web: [www.widgit.com](http://www.widgit.com)**Tel: 01926 333680**

Widgit Software, creators of Writing with Symbols 2000, offers the Communicate: Series which includes a range of software to support language, literacy and communication. All tools have access to the Widgit Literacy Symbols with over 30,000 line drawings to support learners who are struggling with access to traditional text and the National Curriculum. Email: [info@widgit.com](mailto:info@widgit.com)

**COMPUTER PARAPHENALIA****The Aidis Trust**Web: [www.aidis.org](http://www.aidis.org)**Helpline: 0845 120 3719**

A charity helping disabled people make the best use of computer technology by giving information and advice and offering assessment, installation and training and support on all aspects of disability computing. Also have a shop offering significant discounts. Email: [info@aidis.org](mailto:info@aidis.org)

**Keytools Ltd**Web: [www.keytools.co.uk](http://www.keytools.co.uk)**Tel: 023 8029 4500**

Produce IT equipment for students with special needs and disabilities, for example modified keypads, mice, trackballs, adaptors, software to help students with dyslexia, talking word processors, etc.

**DIET****Allergy Induced Autism**Web: [www.autismmedical.com](http://www.autismmedical.com)

There website has information on dietary, environmental, gastrointestinal and immune system issues in autistic spectrum disorders.

### **Biomedical Intervention**

Web: [www.treatingautism.co.uk](http://www.treatingautism.co.uk)

Studies and clinical experience has shown many ASD children also have gut and immune system problems involving other areas of the body, many people have found biomedical interventions beneficial. Look at this website for information on cleaning up the diet and cleaning up the environment.

**The Autism Research Unit** at the University of Sunderland

Tel: 0191 515 2581

Website has some research papers on diet and autism.

Web: <http://osiris.sunderland.ac.uk/autism/>

### **Equazen**

Web: [www.equazen.com](http://www.equazen.com)

Tel: 0870 241 5621

Some research shows that certain fatty acids play an important role in the development of the eye and brain, co-ordination, learning ability, memory and concentration. Email: [equazen@viforpharma.com](mailto:equazen@viforpharma.com) for more info.

### **Tailormade Diet Company**

Web: [www.tailormadediet.co.uk](http://www.tailormadediet.co.uk)

Tel: 07961 434347

A Consultancy offering a specialist service for allergies and intolerances to certain foods. Includes information regarding autism, Coeliac Disease, Crohn's Disease, Diabetes, Eczema, IBS, and Obesity. Email: [sharonokin@tailormadediet.co.uk](mailto:sharonokin@tailormadediet.co.uk) for lots more info.

ALSO Tailormade Recipes is an online recipe book for members at [www.tailormaderecipes.co.uk](http://www.tailormaderecipes.co.uk).

### **The Gluten Free Kitchen**

Web: [www.theglutenfreekitchen.co.uk](http://www.theglutenfreekitchen.co.uk)

Tel: 01969 622222

Manufactures and supplies a range of gluten free cakes and puddings; many products are also wheat free, dairy free and some egg free.

Email: [info@theglutenfreekitchen.co.uk](mailto:info@theglutenfreekitchen.co.uk)

### **DISABLED STUDENT ALLOWANCE**

Disabled Students' Allowance provides extra financial help if you have a disability or specific learning difficulty like dyslexia and includes all Autistic Spectrum Disorders. They are available on top of the standard student finance package and don't have to be repaid and it doesn't depend on your household income. There are various levels, and it can be quite generous, helping out wherever the student's disability would cause extra financial hardship. For example, it can supply a new computer, a recorder to record and make CDs of all lectures, counselling, book and photocopying allowance (if the student cannot use the library) and special accommodation. Can also be used in long distance learning courses.

Web: [http://www.direct.gov.uk/en/DisabledPeople/EducationAndTraining/HigherEducation/DG\\_10034898](http://www.direct.gov.uk/en/DisabledPeople/EducationAndTraining/HigherEducation/DG_10034898)

### **EQUIPMENT**

#### **Mail Order Cycles**

Web: [www.bikesexpress.co.uk](http://www.bikesexpress.co.uk)

Tel: 01473 730444

Sell a range of trikes/bikes (incl. electric) for children and adults with special needs. Toe clips, backrests and other adaptations.

Email: [info@mailordercycles.co.uk](mailto:info@mailordercycles.co.uk)

#### **Child Safe**

Web: [www.childsafezones.co.uk](http://www.childsafezones.co.uk)

Tel: 08700 624 919

Wristbands and tags 'speak' for a lost child/person and help to reunite them quickly. Offer other equipment and services too.

Email: [info@childsafezones.co.uk](mailto:info@childsafezones.co.uk)

#### **Dribble Bandanas**

Web: [www.dribble-bandananas.co.uk](http://www.dribble-bandananas.co.uk)

Age appropriate alternative to bibs for people with special needs. To order please Email: [sales@dribble-bandananas.co.uk](mailto:sales@dribble-bandananas.co.uk)

#### **Fledglings**

Web: [www.fledglings.org.uk](http://www.fledglings.org.uk)

Tel: 0845 458 1124

Has a wide range of products for children's special needs including clothing; continence products; eating & drinking; large equipment eg trikes, buggies; care and safety; sensory aids, toys, games books.

#### **Link Design**

Web: [www.linkdesign.co.uk](http://www.linkdesign.co.uk)

Tel: 01584 877 167

For special needs furniture that can be customised to meet the diverse needs of their customers; (produce waterproof 3 piece suites and PVC covers for beds) and can supply flame retardant fabric that is also very resistant to tearing. Duvet covers, sheets, pillowcases available. Email: [info@linkdesign.co.uk](mailto:info@linkdesign.co.uk)

#### **Listening Books**

Web: [www.listening-books.org.uk](http://www.listening-books.org.uk)

Tel: 0207 407 9417

A national charity which provides a postal & internet based audio-book library service to anyone with an illness or disability who cannot read in the usual way. Offers MP3 CDs, internet streaming and audio tapes.

#### **Medical Engineering Resource Unit (MERU)**

Web: [www.meru.org.uk](http://www.meru.org.uk)

Tel: 0208 770 8286

A charity that exists to improve life for children and young people with severe disabilities. We design and produce individual pieces of specialist equipment that can be used at home/school/college etc.

#### **Nottingham Rehab Supplies**

Tel (Mon-Fri 8.30am-5pm): 0845 120 4522

Has a comprehensive range of innovative and exclusive products to help with daily living; many are suitable for learning and or physical disabilities. Includes food preparation & dining, bathroom equipment, therapeutic activities and games, products for children, assessment activities etc. Also offer a local equipment loan service.

Web: [www.nrs-uk.co.uk](http://www.nrs-uk.co.uk) Email: [customerservices@nrs-uk.co.uk](mailto:customerservices@nrs-uk.co.uk)

#### **Safespaces**

Web: [www.safespaces.co.uk](http://www.safespaces.co.uk)

Tel: 01706 816274

Supply freestanding tent-like environments with flexible walls and soft-padded floors providing an attractive and economical alternative to wall-padding. Suitable for pupils with autism, epilepsy, challenging or self-harming behaviour.

Email: [info@safespaces.co.uk](mailto:info@safespaces.co.uk)

## **Time Timer**

[www.timetimer.com](http://www.timetimer.com)

Time Timer is a clock that clearly shows time elapsing by having numbers in five-minute intervals going backwards from 60-0. Different clock sizes (desk & classroom), watches and a personal Time Timer available. For ordering contact Ed Solutions Direct, Tel: 0208 690 6995

Web: [www.ed-solutionsdirect.com/resources/timetimer.htm](http://www.ed-solutionsdirect.com/resources/timetimer.htm)

## **FINANCIAL PLANNING**

**Blake Laphorn Solicitors** (Hampshire - ask for Rachel Brooks).

**Tel: 02392 221122**

**Banking for people who lack the capacity to make decisions**

Web: [www.bba.org.uk](http://www.bba.org.uk)

This is a leaflet produced by the British Bankers' Association that gives you guidance on how to open a bank account for someone and manage their money on their behalf. This can be downloaded from their website.

**Everyday Life Ltd "The Way Forward" – Financial Appointee Advocacy Service.** This service offers Financial Advocates who act as a fully legal Appointee for people who lack the capacity to maintain their own finances and require a legal system of accountability. Advocates can set up and manage all bank accounts, apply for benefits and receive them, liaise with benefit/housing agencies, etc: There is a charge for the service. Web: [www.everydaylife-advocacy.org](http://www.everydaylife-advocacy.org)

**Tel: 0173 332 7888**

**Mencap** Email [Aarti.Puri@mencap.org.uk](mailto:Aarti.Puri@mencap.org.uk)

(Ask for Aarti Puri)**Tel: 0207 696 5533**

Offer free legal advice from their in-house solicitor in relation to making wills, reviewing your personal affairs and setting up trusts to protect your child; a range of literature and lists of specialist solicitors.

**The NAS Legacy Department**

Web: [www.nas.org.uk](http://www.nas.org.uk)

**Tel: 020 7923 5796**

Have information on their website about legacies and a booklet called 'Guide to wills and trusts' which includes information on leaving money in your will to a person with autism to ensure they are best looked after. They have a list of solicitors in different parts of the country that can help with writing wills to ensure your wishes are carried out.

Email [legacies@nas.org.uk](mailto:legacies@nas.org.uk)

## **FUNDING**

**Caudwell Children**

Web: [www.caudwellchildren.com](http://www.caudwellchildren.com)

**Tel: 0845 300 1348**

Makes direct donations to families where the child is 18 or under with an illness, disability or special need. Funding available for treatment, therapy, specialised equipment and dying wish holidays.

**Cerebra Grant Scheme**

Web: [www.cerebra.org.uk](http://www.cerebra.org.uk)

**Tel: 01267 244216**

is aimed at helping children aged 16 or under with disabilities due to brain related conditions or injury to improve their quality of life, available for a physical or a learning difficulty. Holidays not included.

**The Family Fund Trust**

Web: [www.familyfundtrust.org.uk](http://www.familyfundtrust.org.uk)

**Tel: 0845 130 4542**

Email: [info@familyfund.org.uk](mailto:info@familyfund.org.uk)

**Or 01904 621115**

Gives grants and information to families of severely disabled and seriously ill children 18 and under, including washing machines, driving lessons, hospital visiting costs, computers and holidays/leisure.

**Funderfinder**

Web: [www.funderfinder.org.uk](http://www.funderfinder.org.uk)

**Tel: 0113 243 3008**

Develops and distributes software to help individuals or groups to identify charitable trusts that might give them funding. No personal individual advice given.

**New Life Foundation for Disabled Children**

**Tel: 0800 902 0095**

Are able to offer grants for ESSENTIAL equipment, for all disabilities up to child's 18<sup>th</sup> birthday. New Life Nurse Service offers support and advice.

Web: <http://www.newlifecharity.co.uk/>

**Pearson's Holiday Fund** awards small grants for children and young people aged 4 – 16 (inclusive) on benefit-level income, families who have learning difficulties, and other circumstances to have holidays or outings in the U.K. Please view "Applications for Grants" page of the website:

[www.pearsonsholidayfund.org](http://www.pearsonsholidayfund.org)

Contact: The General Secretary, Pearson's Holiday Fund, PO Box 3017, South Croydon CR2 9PN.

**Princess Royal Trust for Carers**

Web: [www.carers.org](http://www.carers.org)

**Tel: 0844 800 4361**

Offer information, support, advice and financial help for Carers.

Email: [info@carers.org](mailto:info@carers.org)

**The Frank Buttle Trust** makes grants towards fees at boarding schools, independent and state, and fees at independent day schools for children aged 20 or younger, living in the UK – providing a lifeline if your child is struggling to survive in the state education system.

**Tel: 020 7828 7311**

Email: [info@buttletrust.org](mailto:info@buttletrust.org) or by post, Audley House, 13 Palace Street, London. SW1E 5HX

**turn2us**

[www.turn2us.org.uk](http://www.turn2us.org.uk)

turn2us is a new online service to help people calculate what benefits they are entitled to as well as providing information on charities offering grants.

## **HARNESSES**

**Crelling Harnesses for Disabled Ltd**

Web: [www.crelling.com](http://www.crelling.com)

**Tel: 01253 852298**

Supply belts and harnesses designed to offer postural support or, in the case of children or adults with challenging behaviour and/or learning difficulties, a certain degree of restraint. Have products suitable for vehicle seats, wheelchairs, bathing, stair-lifts etc.

Email: [info@crelling.com](mailto:info@crelling.com)

**Windmill Special Needs** Web: [www.windmillspecialneeds.co.uk](http://www.windmillspecialneeds.co.uk) Tel: 07932 746324/0161 345 5361  
Suppliers of the Unisafety Magnet Harness - worn like a waistcoat, buttons on front are only opened by the magnet and does not have the appearance of a harness. Email: [mick@windmillspecialneeds.co.uk](mailto:mick@windmillspecialneeds.co.uk)

## **INSURANCE**

### **BJK Insurance Brokers Ltd**

Web: [www.bjkinsurance.co.uk](http://www.bjkinsurance.co.uk)

They offer help on all types of home insurance policies to people with special needs/learning disabilities. Tel: 01271 346711. For travel insurance: Tel: 01271 346711.

## **THERAPY**

### **Advance: The Institute for the Scotson Technique (Sussex)**

Tel: 01342 311137

Web: [www.advancecentre.org.uk](http://www.advancecentre.org.uk)

Email: [info@advancecentres.com](mailto:info@advancecentres.com)

Uses The Scotson Technique, restorative neurology for children and young people which restores critical respiratory and circulatory needs of the brain after brain injury. Gentle home exercises are taught to parents.

### **Autism Treatment Centre of America**

Tel: 1 877 766 7473

The worldwide treatment centre for the Son-Rise Programme, a totally unique treatment for children and adults challenged by autism, Asperger's syndrome, PDD and other developmental difficulties. They believe all children with autism are capable of learning, communicating, experiencing real joy and developing warm and satisfying relationships with people.

Web: [www.autismtreatmentcenter.org](http://www.autismtreatmentcenter.org)

### **Connections Music Company**

Web: [www.connectionsmusic.co.uk](http://www.connectionsmusic.co.uk)

They produce a double set of CD songs, music, stories and games with accompanying book for children and young people across the autistic spectrum. The music is high-quality, non-patronising, Makaton friendly and age-appropriate. Suitable for school or home - Price £39.95 for organisations £29.95 for parents.

Email: [jessica@connectionsmusic.co.uk](mailto:jessica@connectionsmusic.co.uk)

### **Educational Kinesiology (Brain Gym)**

Web: [www.braingym.org.uk](http://www.braingym.org.uk)

Tel: 0845 539 0312

A programme for adults and children to optimise their learning potential using simple movements to integrate the whole brain, senses and body – used to improve a wide range of learning, attention and behaviour skills. Originally created to help those with learning challenges e.g. dyslexia, dyspraxia, ADHD but can be used on many other learning difficulties.

Email: [info@braingym.org.uk](mailto:info@braingym.org.uk)

### **Elisabeth Svendsen Trust for Children and Donkeys**

Tel: 01395 573009

Web: [www.thedonkeysanctuary.org.uk](http://www.thedonkeysanctuary.org.uk)

Email: [info@elisabethsvendsentrust.org.uk](mailto:info@elisabethsvendsentrust.org.uk)

A charity dedicated to providing riding therapy with donkeys to children with special needs (including learning difficulties, physical disabilities, behaviour problems, brain damage or sensory impairment). They have centres in Sidmouth, Manchester, Birmingham, Leeds and Ivybridge.

### **Foundation for Paediatric Osteopathy**

Tel: (London, Clerkenwell) 0207 490 5510

(London, Battersea) 0207 490 1114, (Manchester) 0161 277 9911

A national charity, with clinics in London and Manchester, which provides free treatment to babies, children and pregnant/post-partum women. Reputed to be of benefit to children with autism, asthma, epilepsy, cerebral palsy etc.

### **Independent Living Solutions**

Web: <http://www.indliv.co.uk>

Tel : 01722 742 442

Offer all aspects of occupational therapy for adults and children, help where the need is greatest, i.e. feeding, school tasks, socialising etc. Hands-on therapy with skilled therapists choosing the technique considered to be most effective. For difficulties including, ADHD, ASD, spinal injuries, co-ordination difficulties etc.

### **Play Therapy in Schools**

Web: [www.bapt.info](http://www.bapt.info)

Tel: 01179 860390

Play Therapy aims to help children explore their feelings, express themselves and make sense of their difficulties. School based Play Therapy is funded from various sources, eg: social services, LEA's, schools, charitable bodies, etc.: For more information on Play Therapy and finding a qualified therapist, look at the British Association of Play Therapists' website.

### **Rebound Therapy dot Org**

Tel: 01342 870543

Rebound therapy is the use of a trampoline to provide therapeutic exercise, therapy and recreation for people with a wide range of special needs. Centres available throughout the UK. Web: [www.reboundtherapy.org](http://www.reboundtherapy.org)

### **Sunflower Trust**

Web: [www.sunflowertrust.com](http://www.sunflowertrust.com)

Tel: 0845 054 7509

A charity offering the Sunflower Therapy to children with health, behavioural difficulties and learning difficulties e.g. dyslexia, dyspraxia, ADHD, autism, Asperger Syndrome. It offers a unique to each child, drugs-free, non-invasive and holistic alternative, focusing on the causes not the symptoms.

### **Touch the Sky**

Web: [www.acrosstheworld.eu](http://www.acrosstheworld.eu)

Tel: 01903 211059

Offers an interactive distance learning service via videolink by qualified therapists to children and young adults with a range of learning requirements (including cerebral palsy, ASD, Asperger's, Epilepsy, Dyslexia and Dyspraxia) improving their skills in the comfort of their own home. Schools, colleges or parents email: [lucienne.sharp@acrosstheworld.eu](mailto:lucienne.sharp@acrosstheworld.eu) all other enquiries Email: [info@touchthesky.uk.com](mailto:info@touchthesky.uk.com)

## **UK Young Autism Project**

Web: [www.ukyap.org](http://www.ukyap.org)

Tel: 020 8546 2100

A comprehensive programme aimed at enhancing intellectual, academic, social and emotional behaviours of young children so that they take better advantage of the educational and social opportunities available in their communities and require less professional attention as they grow older. Email: [enquiries@ukyap.org](mailto:enquiries@ukyap.org)

## **TOYS**

### **Cerebra**

**Parent Support Tel: 0800 328 1159**

Have a Postal Lending Library;( books are available relating to neurological conditions), and sensory items and toys designed for tactile, audio and visual stimulation are all available to hire(1 sensory item for 1 month) with no postage costs – toy deliveries and collections are made by courier and arranged by Cerebra.

Web: [www.cerebra.org.uk/parent\\_support/Library/Library.htm](http://www.cerebra.org.uk/parent_support/Library/Library.htm)

### **SenseToys**

Web: [www.sensetoys.com](http://www.sensetoys.com)

**Tel: 0845 257 0849**

Specialise in providing a carefully selected range of toys, activities and Montessori materials to help parents and professionals, particularly those caring for children with special educational needs and learning disabilities, including poor or delayed language development and skills, dyspraxia, and developmental delays, autism and other spectrum disorders. Email: [info@sensetoys.com](mailto:info@sensetoys.com)

### **TFH (Special Needs Toys)**

Web: [www.specialneedstoys.com](http://www.specialneedstoys.com)

**Tel: 01299 827820**

Produce toys and equipment for all abilities and needs, including multi sensory, swings, trampolines, sensory integration kits, switches, rewards, and small sensory toys, etc. See also Adult section.

**The Novelty Warehouse** Web: [www.thenoveltywarehouse.com](http://www.thenoveltywarehouse.com) Email: [info@thenoveltywarehouse.com](mailto:info@thenoveltywarehouse.com)

Tactile, interactive and stimulating multi-sensory resources, toys and novelties. Ideal for play, therapy, and Sensory rooms.

## **TRANSITION**

### **99½ Top Tips For Easy Transition!**

Web: [www.transitionsoftware.co.uk](http://www.transitionsoftware.co.uk)

This is a fun, interactive software programme that educates children with special educational needs about the challenges they will face during transition from primary to secondary school, aiming to reduce worries and anxieties. The software costs £30 and can be bought on line at above website.

### **The National Autistic Society**

Web: [www.nas.org.uk](http://www.nas.org.uk)

Look on their website at [www.nas.org.uk/nas/jsp/polopoly.jsp?d=1067](http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=1067) for information on transition issues in education. They have information to help the move from primary to secondary education, transition planning at 14 years and details of their Prospects Transitions Project for students with Asperger Syndrome who hope to work in London.

### **Progress**

Web: [www.progressmagazine.co.uk](http://www.progressmagazine.co.uk)

Progress produces a regular magazine which is a transition guide for 13 to 25 year olds with special needs. Provides the information needed to make positive, informed, key lifestyle decisions and is used by young adults, carers and professional advisors. Copies can be obtained through their website.

### **Snivel and Shriek**

Web: [www.snivelandshriek.com](http://www.snivelandshriek.com)

A website with lots of resources you can buy and download on topics including transition. They produce an exercise book to help children prepare for secondary school called “Sussing out your Secondary School”.

## **TROUBLE WITH THE LAW**

Young adults with Asperger Syndrome may find themselves in trouble with the police or in court. The NAS produces information to assist criminal justice professionals to understand their needs which can be found on their website: <http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=471>.

### **Community Legal Service Direct**

Web: [www.clsdirect.org.uk](http://www.clsdirect.org.uk)

**Helpline: 0845 345 4345**

*Free advice if you are eligible for Legal Aid.* Downloadable information sheets about any legal problem. They have a telephone helpline and lots of information on their website. Search for a solicitor or legal adviser close to you by entering your postcode and category you need help with.

### **Dennis Debbaudt**

Web: [www.autismriskmanagement.com](http://www.autismriskmanagement.com)

Runs an American website giving advice and information to individuals with autism on avoiding trouble and also for criminal justice professionals on dealing appropriately with autistic people.

### **Expert Witness**

Web: <http://www.bps.org.uk/e-services/find-a-psychologist/expertwitness.cfm>

on Asperger Syndrome and other ASDs – specialising in criminal cases where the defendant or witness has ASD. Find one at above website.

**National Appropriate Adult Network** Web: [www.appropriateadult.org.uk](http://www.appropriateadult.org.uk)

**Tel: 020 8378 2736**

Young people who are considered to be mentally vulnerable must have an ‘appropriate adult’ with them when they are interviewed by the police. This network can put you in touch with a scheme providing them.

**Cambian Education Services** run seven residential special schools and colleges for young people with autistic spectrum disorders, Asperger Syndrome/HFA, severe learning difficulties. OAASIS can give you advice on the schools and send you their prospectuses or visit the website [www.cambianeducation.com](http://www.cambianeducation.com). OAASIS produces a wide range of **free Information Sheets**, 8 **publications** entitled ‘First Guide to...’ and **wallet sized cards** explaining 9 learning disabilities. Please contact OAASIS (see front of sheet for contact details) for the full list, or view and download them on the website at [www.oaasis.co.uk](http://www.oaasis.co.uk). All sheets are checked annually; please ensure you have the current version.