

What is Cards?

What is Epilepsy?

Epilepsy is a disturbance of the electrical activity of the brain. Seizures can range from feelings of pins and needles, other odd sensations, rhythmic limb twitching, to loss of consciousness, strong limb jerking, total body stiffness and incontinence. Seizures may look worrying, but most attacks do not require medical intervention. Do be reassuring; make them comfortable; put in recovery position once seizure had ended; check breathing and airways; make a note of type of seizure to tell parents / person later. DO NOT move them unless they are in danger; try to stop the convulsions; or put anything in their mouth.

Please be sympathetic

More information on this learning disability can be obtained by telephoning OAASIS on 0800 902 0732

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